



FOOD BANK
OF IOWA

www.foodbankiowa.org

FOOD DRIVE

Did you know that more than 375,000 Iowans struggle with hunger? **You can help!** Donate undamaged and unexpired food items!

Most Needed Items:

- Proteins (canned meat & fish)
- Canned vegetables
- Canned fruit
- Canned soup
- Dry pasta
- Breakfast items (including cereal)
- 100% fruit juice
- Paper and personal products



FOOD DRIVE DETAILS