

Hunger is a big problem.  
Together, we can solve it.



## Helping Hands Society

Food Bank of Iowa's Helping Hands Society recognizes our community's most committed hunger fighters, champions who annually contribute \$1,000 or more to support our work.

Your contributions help us move closer to our vision of a hunger-free Iowa, helping Iowans lead full, active lives, and strengthening their communities. Food is the most basic human need — by being a Helping Hands Society member, you are creating meaningful impacts for our neighbors in need.

Contact Vice President of Philanthropy Bergetta Beardsley at [bbeardsley@foodbankiowa.org](mailto:bbeardsley@foodbankiowa.org) or 515.867.2892 for more information.



**HELPING HANDS**  
SOCIETY

Questions? Contact Bergetta Beardsley at [bbeardsley@foodbankiowa.org](mailto:bbeardsley@foodbankiowa.org) or call 515.867.2892.

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**FOODBANK**  
OF IOWA

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