

Hunger is a big problem.
Together, we can solve it.



Advocacy & Public Policy

Lend your voice to help end hunger in Iowa! Become an advocate for the Food Bank of Iowa and help us advance important causes that benefit Iowans in need.

Keep in Touch by following us on Facebook and Twitter and checking in on our media center. Share posts, articles, and other content to help educate your friends and followers.

Share Your Support for hunger relief. Let your elected officials know that you support comprehensive anti-hunger initiatives and legislations. Visit our "Lend Your Voice" page for sample messaging and instructions on contacting your legislators.

Take the SNAP Challenge to see how tough it is to feed a family using government benefits. Try to feed yourself and your family for one week on just \$4 per person per day. Share your experiences on social media using #SNAPchallenge, and let us know how it's going @FoodBankIowa.

Interested in Getting More Involved? Contact our Senior Manager of Marketing and Communications, Dylan Lampe at 515.867.2893 to learn how you can join our advocacy team.



Questions? Email contactus@foodbankiowa.org or call 515.564.0330.