

Hunger is a big problem.
Together, we can solve it.



BackPack Program™

Kids need good nutrition to grow, develop, and learn properly. Going even a day or two without food can have a huge impact on a child. Our BackPack Program™ provides a sack of kid-friendly, nutritionally balanced food to children every Friday during the school year. The food tides them over on Saturdays and Sundays, allowing them to return to school on Monday ready to learn.

How does it work? We provide boxes of BackPack sacks to partner schools every week. Teachers and other school staff distribute the bags to kids in need every Friday. It's really that simple.

Benefits of the BackPack Program™ are felt most strongly on Monday mornings, when BackPack sack recipients are better equipped to learn and behavioral incidents are greatly reduced. Proper childhood nutrition helps kids succeed in school and contribute more later in life. The BackPack Program™ can have a positive impact throughout a child's life. All BackPack Sacks are provided entirely free to partner schools.

Become a BackPack Program™ Partner by reaching out to the Regional Partnership Coordinator who serves your county. They'll get you started on the road to a BackPack Program™.

Funding for this program is provided in part by the following organizations:

- Prairie Meadows
- Variety - the Children's Charity
- Joy in Childhood Foundation

Food Bank of Iowa programs adhere to all USDA nondiscrimination guidelines.



Questions? Email contactus@foodbankiowa.org or call 515.564.0330.