Did you know that more than 175,000 Iowans struggle with hunger? **You can help!** Donate undamaged and unexpired food items!

**Most Needed Items:**

- Pasta Sauce
- Canned fruit
- Canned vegetables
- Canned soup
- Canned meals
- Breakfast items

[www.foodbankiowa.org](http://www.foodbankiowa.org)