



*****MEDIA ADVISORY*****

Grab your walking shoes for the “Footsteps for Food” Skywalkathon

- WHAT:** Join the Department for the Blind as they host a 1.06 mile walk around the downtown skywalk that begins and ends at the Polk County Convention Complex on Saturday, Feb. 18 to benefit the Food Bank of Iowa.
- WHEN/WHERE:** Saturday, Feb 18 from 12-3 p.m. at the Polk County Convention Complex skywalk entrance, 501 Grand Avenue, Des Moines. Registration will begin at noon and participants will be charged a \$10 entry fee.
- WHY:** Today, 1 in 8 Iowans, or over 382,000 individuals, are food insecure, meaning they do not have the means to obtain adequate food to maintain a healthy and active lifestyle. What is even more alarming is that 1 in 5 children do not have enough to eat. And 11.8%, or 359,469 Iowans, live at or below the poverty level.
- CONTACT:** Jodi George, Department for the Blind, 515-281-1369, Jodi.george@blind.state.ia.us
- Lindsay Pingel, Food Bank of Iowa, 515-564-0330, lpingel@foodbankiowa.org

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