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Gardeners: Plant a Row to Support the Food Bank of Iowa

DES MOINES, Iowa – May 1, 2012 – Calling all gardeners! It's that time of year to start planting in your garden, and the Food Bank of Iowa is asking you to plant an extra row to help feed the hungry.

"Produce is such a nutritious product that is often unavailable to individuals in need," says Carey Miller, executive director of the Food Bank of Iowa. "By planting rows of produce and sharing the harvest, you can help put nutritious food in the hands of hungry Iowans."

Items such as beans, carrots, potatoes, sweet corn, peas, lettuce and tomatoes are in great demand at food pantries, soup kitchens and shelters.

Donations may be dropped off anytime Monday through Thursday between 7:30 a.m. and 4:30 p.m., or Friday between 7:30 a.m. and 2 p.m. at the Food Bank of Iowa, 2220 E. 17th Street, Des Moines, IA 50316.

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About the Food Bank of Iowa

The Food Bank of Iowa is a private, not-for-profit organization committed to its mission of alleviating hunger through food distribution, partnership and education. The Food Bank of Iowa solicits, receives, inventories and distributes donated food and grocery products to 425 partner agencies in 55 counties who directly serve needy individuals within their communities. Forty-two of these counties are served from their facility in Des Moines with the remaining 13 counties being served by their redistribution organization, the Food Bank of Southern Iowa. To learn more, visit www.foodbankiowa.org or find us on Facebook at www.facebook.com/foodbankiowa.